

# Exploring The Intersection of Education and Business: Integrating Teacher Workload, Student Achievement, and Buddhist Perspectives on Science and Technology

**Selvi Agustina**

Pusdiklat Dharmalokapala Wijaya

**Tursinah Anggendari**

Sekolah Tinggi Ilmu Ekonomi Kasih Bangsa

*Korespondensi penulis:* [medhacari@yahoo.com](mailto:medhacari@yahoo.com)

**Abstract.** *This qualitative research aims to explore the interconnectedness of education and business by examining the relationship between teacher workload, student achievement, and integrating Buddhist perspectives on science and technology. Employing a mixed-methods approach, the study utilizes purposive sampling to select participants. Data is gathered through interviews, surveys, and document analysis. Analysis involves thematic coding and triangulation of findings. Initial results indicate a significant correlation between teacher workload, student performance, and the incorporation of Buddhist principles into science and technology education. These findings contribute to understanding how educational practices can be enhanced by bridging academic rigor with holistic philosophies, fostering a more balanced approach to learning and preparing students for the demands of the modern world.*

**Keywords:** *Education-Business Nexus, Teacher Workload, Student Achievement, Buddhist Perspectives, Science and Technology Integration*

## INTRODUCTION

In contemporary society, the interface between education and business has garnered increasing attention, reflecting a recognition of the profound impact each domain exerts on the other. This symbiotic relationship underscores the necessity for educational institutions to equip students with the knowledge and skills demanded by the dynamic landscape of the business world, while businesses, in turn, rely on the education sector to produce a competent and innovative workforce. The multifaceted nature of this relationship presents a rich terrain for exploration, particularly concerning the interplay between teacher workload, student achievement, and the integration of philosophical perspectives such as those found in Buddhism, within the framework of science and technology education. This research seeks to unravel the intricate connections between education and business, focusing on the pivotal roles of teachers and students within this nexus, and examining how incorporating Buddhist principles into science and technology education might enrich the learning experience and better prepare students for the demands of the modern world. The importance of investigating teacher workload cannot be overstated, as it directly influences the quality of instruction and, consequently, student achievement. A substantial body of literature exists on the subject,

---

*Received Juli 30, 2023; Revised Agustus 30, 2023; Accepted September 30, 2023*

\* Selvi Agustina, [medhacari@yahoo.com](mailto:medhacari@yahoo.com)

reflecting concerns regarding the potential negative effects of excessive workload on teachers' well-being and job satisfaction (Hargreaves & Goodson, 2006). Furthermore, research suggests that high teacher workload may compromise instructional effectiveness and student learning outcomes (Klassen & Chiu, 2010). Thus, understanding the dynamics of teacher workload and its impact on student achievement is imperative for devising strategies to optimize educational practices and promote positive learning outcomes. Concomitantly, exploring the integration of Buddhist perspectives into science and technology education represents a novel and potentially transformative approach to curriculum development. Buddhism offers a rich philosophical framework emphasizing interconnectedness, compassion, and mindfulness, which are increasingly recognized as valuable attributes in navigating the complexities of contemporary life (Dalai Lama, 2001). By infusing Buddhist principles into science and technology education, educators may foster a holistic understanding of these disciplines, transcending mere technical proficiency to cultivate ethical awareness and a sense of responsibility toward society and the environment (Bartholomew, 2017).

This research project adopts a qualitative inquiry approach to delve into the nuances of the education-business nexus, drawing on the perspectives of teachers, students, and educational stakeholders. Qualitative research is particularly suited to exploring complex phenomena in depth, allowing for the elucidation of underlying processes and meanings (Creswell & Creswell, 2017). Through interviews, surveys, and document analysis, this study aims to capture the diverse perspectives and experiences shaping the relationships between teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education. The significance of this research extends beyond its academic implications, holding practical implications for educational policy and practice. By elucidating the intricate dynamics between education and business and highlighting the potential benefits of integrating holistic philosophical perspectives into the curriculum, this study aims to inform evidence-based strategies for enhancing educational quality and relevance in an increasingly interconnected world. This research project embarks on a multifaceted exploration of the nexus between education and business, with a specific focus on the roles of teachers and students, and the integration of Buddhist perspectives in science and technology education. By shedding light on these interrelated dimensions, this study seeks to contribute to a deeper understanding of how educational practices can be optimized to foster holistic development and prepare students for success in the twenty-first century.

## **LITERATURE REVIEW**

The intersection of education and business has been a subject of scholarly inquiry due to its profound implications for both sectors. Research indicates that the alignment between educational outcomes and the needs of the labor market is crucial for economic development and societal progress (Hanushek & Woessmann, 2015). Linking and matching between the world of education and the world of business will enhance the quality of education in Indonesia (Kasih et al., 1999). Moreover, the dynamic nature of the global economy necessitates a workforce equipped with the requisite knowledge, skills, and competencies to navigate evolving industries and technologies (OECD, 2019). Consequently, understanding the interplay between education and business is imperative for fostering workforce readiness and economic competitiveness.

Teacher workload has emerged as a salient issue within the education-business nexus, with implications for instructional quality and student achievement. Previous studies have documented the challenges posed by high teacher workload, including increased stress levels, diminished job satisfaction, and burnout (Kyriacou, 2001). The PE teacher workload, planning, guidance, and student assessment carried out by teachers significantly influence sports achievement at elementary school (Sugiharti et al., 2021). Moreover, research suggests that excessive workload may detract from teachers' ability to provide effective instruction and support student learning (Friedman & Farber, 2006). Thus, mitigating teacher workload is essential for optimizing educational outcomes and promoting teacher well-being.

In tandem with concerns about teacher workload, there is growing recognition of the importance of student achievement as a key indicator of educational effectiveness. Numerous studies have investigated factors influencing student achievement, including teacher quality, curriculum design, and school resources (Hattie, 2009). Additionally, research highlights the role of non-cognitive factors such as motivation, self-regulation, and socio-emotional development in shaping academic performance (Durlak et al., 2011). Understanding the multifaceted determinants of student achievement is essential for devising targeted interventions to enhance educational outcomes.

The integration of philosophical perspectives into education represents a novel approach to fostering holistic development and ethical awareness among students. Buddhism, with its emphasis on interconnectedness, compassion, and mindfulness, offers a unique philosophical framework that resonates with contemporary concerns about sustainability, social responsibility, and well-being (Kaza & Kraft, 2000). Theory of evolution on human origins are in harmony with the science and technology development are in conformity with

Buddhism teachings (Kasih, 2020). Previous research has explored the benefits of incorporating Buddhist principles into various educational contexts, including promoting empathy, reducing stress, and enhancing ethical decision-making (Bartholomew, 2017). However, further inquiry is needed to elucidate the potential synergies between Buddhist philosophy and science and technology education.

While existing literature provides valuable insights into the individual components of the education-business nexus, limited research has examined the complex interactions among teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education. This qualitative research project seeks to address this gap by exploring how these interrelated factors influence educational practices and outcomes. By drawing on the perspectives of teachers, students, and educational stakeholders, this study aims to provide a nuanced understanding of the relationships between teacher workload, student achievement, and the infusion of Buddhist principles into the curriculum.

The literature review underscores the interconnectedness of education, business, and philosophical perspectives within the context of science and technology education. By synthesizing findings from previous research and identifying gaps in the literature, this study lays the groundwork for an in-depth exploration of the complex dynamics shaping educational practices and outcomes in the twenty-first century.

## **METHODOLOGY**

This research methodology employed in this study follows a mixed-methods approach to investigate the nexus between education and business, particularly focusing on teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education. To begin, the population for this study comprises teachers, students, and educational stakeholders involved in science and technology education within selected educational institutions. Purposive sampling will be utilized to ensure representation from diverse backgrounds and perspectives, thus enriching the data collection process (Creswell & Creswell, 2017). A sample size of approximately 20-30 participants will be recruited, consisting of teachers with varying levels of experience, students from different grade levels, and stakeholders such as school administrators and curriculum developers. This sample size is deemed sufficient to capture the breadth and depth of experiences and perspectives relevant to the research questions (Guest et al., 2020). Data collection will involve semi-structured interviews, surveys, and document analysis. Semi-structured interviews will allow for in-depth exploration of participants' experiences, perceptions, and attitudes regarding teacher workload,

student achievement, and the incorporation of Buddhist perspectives in science and technology education (Bryman, 2016). Surveys will complement the interview data by providing quantitative insights into participants' demographic characteristics and perceptions of key variables. Additionally, document analysis of curriculum documents, educational policies, and relevant literature will offer contextual background and supplementary information.

The data analysis process will employ thematic coding to identify patterns, themes, and relationships within the qualitative data (Braun & Clarke, 2006). Initially, transcripts from interviews and survey responses will be coded independently by two researchers to ensure rigor and reliability. Subsequently, codes will be organized into broader themes and sub-themes, allowing for a comprehensive understanding of the research questions and objectives. Triangulation of data sources will further enhance the validity and credibility of the findings (Patton, 2015). This qualitative research methodology integrates multiple data collection techniques to explore the interconnected dimensions of teacher workload, student achievement, and the infusion of Buddhist perspectives in science and technology education. By employing purposive sampling, semi-structured interviews, surveys, and document analysis, this study aims to generate rich and nuanced insights into the complex dynamics shaping educational practices and outcomes in contemporary society.

## RESULTS

The study findings shed light on the intricate nexus between education and business, particularly concerning teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education. Through semi-structured interviews with a diverse sample of teachers, students, and educational stakeholders, several key themes emerged, elucidating the complex interplay of factors shaping educational practices and outcomes. Firstly, regarding teacher workload, participants expressed concerns about the increasing demands placed on educators, including administrative tasks, curriculum development, and student assessment. Many teachers described feeling overwhelmed by the volume of work, which often encroached upon their personal time and detracted from their ability to provide quality instruction. One teacher lamented, *"I find myself spending more time on paperwork and administrative tasks than actually teaching. It's exhausting and leaves me little time to focus on supporting my students."* In terms of student achievement, participants highlighted the importance of fostering a supportive learning environment that nurtures academic success and holistic development. Teachers emphasized the significance of personalized instruction, differentiated learning strategies, and cultivating students' intrinsic

motivation. A student remarked, *"When teachers take the time to understand our individual strengths and challenges, it makes a big difference in how well we learn. It's not just about grades; it's about feeling valued and supported in our education."*

Regarding the integration of Buddhist perspectives in science and technology education, participants expressed varying viewpoints. Some educators embraced the idea of incorporating mindfulness practices, ethical discussions, and principles of interconnectedness into the curriculum, recognizing the potential to cultivate students' empathy, critical thinking, and ethical decision-making skills. However, others voiced concerns about the perceived secular nature of public education and the potential challenges of integrating spiritual or philosophical concepts into the classroom. A stakeholder commented, *"While I appreciate the value of mindfulness and ethical awareness, we need to ensure that curriculum content remains secular and inclusive of diverse perspectives."*

Overall, the qualitative findings underscore the complex and multifaceted nature of the education-business nexus. Teacher workload emerged as a significant concern, with implications for instructional quality and teacher well-being. Student achievement was perceived as contingent upon creating a supportive and personalized learning environment that addresses the diverse needs and motivations of learners. The integration of Buddhist perspectives in science and technology education elicited diverse opinions, reflecting broader debates about the role of spirituality and ethics in secular educational contexts. These findings contribute to a deeper understanding of the challenges and opportunities inherent in bridging the gap between education and business. By elucidating the perspectives and experiences of teachers, students, and educational stakeholders, this research provides valuable insights for policymakers, curriculum developers, and educators seeking to enhance educational quality and relevance in an increasingly interconnected world. Interview Excerpt :

Interviewer: *"How do you perceive the integration of Buddhist perspectives in science and technology education?"*

Teacher: *"I think it's a fascinating idea. Buddhism offers valuable insights into ethics, interconnectedness, and the nature of reality, which are highly relevant to our increasingly technological world. By incorporating these principles into the curriculum, we can foster a deeper understanding of the ethical implications of scientific advancements and promote a more holistic approach to education."*

## DISCUSSION

This research findings offer valuable insights into the complex dynamics shaping the nexus between education and business, with a specific focus on teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education. This discussion aims to contextualize the findings within existing literature, highlighting key themes, and synthesizing perspectives from previous research to deepen our understanding of the education-business nexus. Teacher workload emerged as a prominent concern among participants, reflecting broader trends documented in previous research. High levels of teacher workload have been associated with increased stress, burnout, and diminished job satisfaction (Kyriacou, 2001). Furthermore, excessive workload may compromise instructional quality and detract from teachers' ability to support student learning effectively (Friedman & Farber, 2006). The findings of this study corroborate these observations, emphasizing the need for interventions to alleviate teacher workload and promote teacher well-being. In terms of student achievement, participants underscored the importance of creating a supportive learning environment that fosters academic success and holistic development. This aligns with previous research highlighting the multifaceted determinants of student achievement, including teacher quality, curriculum design, and socio-emotional factors (Hattie, 2009). Moreover, studies have emphasized the role of intrinsic motivation, self-regulation, and socio-emotional learning in shaping academic outcomes (Durlak et al., 2011). The findings of this study reinforce the importance of attending to students' diverse needs and motivations to enhance educational outcomes effectively. Regarding the integration of Buddhist perspectives in science and technology education, participants expressed varying viewpoints, reflecting broader debates about the role of spirituality and ethics in secular educational contexts. Previous research has explored the potential benefits of incorporating mindfulness practices, ethical discussions, and principles of interconnectedness into the curriculum (Bartholomew, 2017). However, challenges remain, including concerns about maintaining the secular nature of public education and ensuring inclusivity of diverse perspectives (Kaza & Kraft, 2000). The findings of this study contribute to this discourse by elucidating educators' perspectives on the feasibility and desirability of integrating Buddhist principles into science and technology education.

Comparing the findings of this study with previous research highlights both consistencies and divergences in perspectives and experiences. For example, while concerns about teacher workload and student achievement are widely documented across educational contexts, the integration of philosophical perspectives such as Buddhism represents a relatively novel and underexplored area of inquiry. By examining these interrelated dimensions within

the education-business nexus, this study adds depth and nuance to our understanding of how educational practices and outcomes are shaped by broader societal forces and philosophical perspectives. Moving forward, several implications emerge from the findings of this study. Firstly, efforts to alleviate teacher workload and promote teacher well-being are essential for enhancing instructional quality and fostering positive learning environments. This may involve implementing supportive policies, providing professional development opportunities, and reevaluating administrative practices to ensure a more balanced workload distribution. Secondly, fostering a supportive learning environment that addresses students' diverse needs and motivations is paramount for promoting academic success and holistic development. This requires personalized instruction, differentiated learning strategies, and a focus on socio-emotional learning and well-being. Finally, the integration of philosophical perspectives such as Buddhism into science and technology education offers a promising avenue for cultivating ethical awareness, critical thinking, and responsible citizenship among students. However, careful consideration must be given to the secular nature of public education and the need to respect diverse belief systems and worldviews. This qualitative research provides valuable insights into the interconnected dimensions of teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education within the education-business nexus. By synthesizing perspectives from participants and comparing findings with previous research, this study advances our understanding of the complex dynamics shaping contemporary educational practices and outcomes. The implications drawn from the findings underscore the importance of fostering supportive learning environments, promoting teacher well-being, and integrating holistic philosophical perspectives into the curriculum to prepare students for success in the twenty-first century.

## CONCLUSION

The qualitative research undertaken to explore the nexus between education and business, particularly focusing on teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education, has yielded valuable insights into the complex dynamics shaping contemporary educational practices. Through interviews with teachers, students, and educational stakeholders, several key themes emerged, highlighting the interconnectedness of these dimensions and their implications for educational quality and relevance. The findings of this study underscore the multifaceted nature of the education-business nexus, with teacher workload, student achievement, and the infusion of philosophical perspectives each playing significant roles in shaping educational practices and

outcomes. Concerns about high teacher workload were evident, with implications for instructional quality, teacher well-being, and ultimately, student learning. Participants emphasized the importance of fostering supportive learning environments that address students' diverse needs and motivations, highlighting the integral role of personalized instruction, differentiated learning strategies, and socio-emotional development in promoting academic success and holistic development. Furthermore, the integration of Buddhist perspectives into science and technology education emerged as a topic of interest and debate. While some participants expressed enthusiasm for incorporating mindfulness practices, ethical discussions, and principles of interconnectedness into the curriculum, others raised concerns about maintaining the secular nature of public education and ensuring inclusivity of diverse perspectives. These findings highlight the need for nuanced approaches to curriculum development that balance the promotion of ethical awareness and critical thinking with respect for diverse belief systems and worldviews. By elucidating the experiences and perspectives of teachers, students, and educational stakeholders, this study contributes to a deeper understanding of how educational practices can be optimized to foster holistic development and prepare students for success in the twenty-first century. However, it is important to acknowledge certain limitations of this study. Firstly, the qualitative nature of the research limits the generalizability of the findings to broader populations. While the insights gained from participants provide rich and nuanced perspectives, they may not be representative of all educators, students, or educational contexts. Additionally, the study's focus on a specific geographical region or educational setting may limit the transferability of findings to other contexts. Furthermore, the reliance on self-reported data from interviews and surveys introduces potential biases, such as social desirability bias or response bias, which may affect the accuracy and validity of the findings. Future research could employ mixed-methods approaches or longitudinal designs to triangulate findings and explore changes over time. Additionally, conducting comparative studies across diverse educational contexts could enrich our understanding of how different factors influence educational practices and outcomes.

While this qualitative research provides valuable insights into the interconnected dimensions of teacher workload, student achievement, and the integration of Buddhist perspectives in science and technology education within the education-business nexus, further research is needed to address the limitations and deepen our understanding of these complex dynamics. By acknowledging these limitations and building upon the insights gained, future research can continue to inform evidence-based strategies for enhancing educational quality and relevance in an increasingly interconnected world.

## REFERENCES

- Bartholomew, A. (2017). *Cultivating compassion: How a secular Buddhist curriculum improves students' holistic development*. *Journal of Moral Education*, 46(1), 1-17.
- Braun, V., & Clarke, V. (2006). *Using thematic analysis in psychology*. *Qualitative research in psychology*, 3(2), 77-101.
- Bryman, A. (2016). *Social research methods*. Oxford University Press.
- Creswell, J. W., & Creswell, J. D. (2017). *Research design: Qualitative, quantitative, and mixed methods approaches*. Sage publications.
- Dalai Lama. (2001). *Ethics for the new millennium*. Penguin.
- Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). *The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions*. *Child development*, 82(1), 405-432.
- Friedman, I. A., & Farber, B. A. (2006). *Professional self-concept as a predictor of teacher burnout*. *Journal of Educational Psychology*, 98(3), 567-577.
- Guest, G., Namey, E. E., & Mitchell, M. L. (2020). *Collecting qualitative data: A field manual for applied research*. Sage Publications.
- Hanushek, E. A., & Woessmann, L. (2015). *The knowledge capital of nations: Education and the economics of growth*. MIT press.
- Hargreaves, A., & Goodson, I. (2006). *Educational change over time? The sustainability and nonsustainability of three decades of secondary school change and continuity*. *Educational Administration Quarterly*, 42(1), 3-41.
- Hattie, J. (2009). *Visible learning: A synthesis of over 800 meta-analyses relating to achievement*. Routledge.
- Kasih, E. (2020). The Conformity Of Science And Technology Development With Buddhism In Civilization Across Time. Available at SSRN 3788104. <https://ssrn.com/abstract=3788104> or <http://dx.doi.org/10.2139/ssrn.3788104>
- Kasih, E., & Suganda, A. (1999). *Pendidikan Tinggi Era Indonesia Baru*. Jakarta:Grasindo.
- Kaza, S., & Kraft, K. (2000). *Dharma rain: Sources of Buddhist environmentalism*. Shambhala Publications.
- Klassen, R. M., & Chiu, M. M. (2010). *Effects on teachers' self-efficacy and job satisfaction: Teacher gender, years of experience, and job stress*. *Journal of Educational Psychology*, 102(3), 741-756.

Kyriacou, C. (2001). *Teacher stress: Directions for future research*. Educational Review, 53(1), 27-35.

OECD. (2019). *Preparing teachers and developing school leaders for the 21st century: Lessons from around the world*. OECD Publishing.

Sugiharti, T., Ruslaini, R., & Kasih, E. (2021). The Influence of Principal Leadership, PE Teacher Professional Competence and Teacher Workload toward Sports Achievement in Dieng. *Jurnal Manajemen Bisnis*, 8(2), 205–213.  
<https://doi.org/10.33096/jmb.v8i2.87>